



# Hazardous & Toxic

## Food Guide for Dogs



= Seek Immediate Veterinary attention/advice



### FATTY FOODS AND FAT TRIMMINGS

*Such as* Chicken Wings, Pizza, Burgers, Ribs etc.

*Can Cause*

Upset stomach, nausea, vomiting, pancreatitis

### RAW SALMON



Fresh caught, freshwater fish carrying infected parasites can poison dogs if eaten raw

*Can Cause*

Vomiting, fever, diarrhea, weakness, swollen lymph nodes

### RAW MEAT & FISH



Can contain salmonella and E. coli

*Can Cause*

Vomiting, fever, enlarged lymph nodes

### RAW EGGS



May contain harmful bacteria and risk of salmonella toxicity. Long-term ingestion of raw egg whites can lead to biotin deficiency.

### BONES



Cooked bones can splinter, causing internal lacerations, obstruction, choking

*Can Cause*

Vomiting, lethargy, diarrhea, abdominal discomfort, drooling

### NUTS



Almonds, Pecans, Pistachios, Walnuts, Macadamia Nuts, Hickory Nuts

*Can Cause*

Upset stomach, Pancreatitis \*Moldy Walnuts can cause vomiting, tremors and seizures

### GARLIC, ONION, SHALLOTS, LEEKS, CHIVES



Poisonous to dogs, Toxic in large amounts. Toxic doses of garlic can cause damage to the red blood cells leading to anemia. Signs of garlic poisoning can be delayed and not apparent for several days.

*Can Cause*

Lethargy, pale gums, increased heart rate, increased respiratory rate, weakness, exercise intolerance, and collapse

### MUSHROOMS



Some varieties of wild mushrooms are toxic and may cause severe clinical signs or even death. Some mushroom toxins will affect pets very rapidly (within 15-30 minutes of ingestion) while others will not produce signs for many hours

*Can Cause*

Vomiting, diarrhea, ataxia, tremors, seizures, disorientation, black-tarry stools, inappropriate thirst or urination, Liver or Kidney failure

### XYLITOL



Sugar substitute used in gum, breath mints, toothpaste, candy, some peanut butter, pudding, jam, children's vitamins, nasal spray.

*Can Cause*

Vomiting, diarrhea, tremors, hyperactivity, seizures, life-threatening low blood sugar, Liver failure

### CHOCOLATE



Chocolate toxicity varies greatly depending on the type and amount of chocolate ingested. The darker and less sweet the chocolate, the more toxic it can be to dogs. Baker's chocolate and dark chocolate pose the greatest risk of toxicity, while white chocolate carries the lowest risk.

*Can Cause*

Ingestion in toxic amounts can result in vomiting, diarrhea, hyperactivity, elevated heart rate, abnormal heart rhythm, tremors, seizures, and possibly even death (though death is rare in pets who receive prompt and appropriate treatment)



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### MILK AND LACTOSE PRODUCTS



Dogs lack the enzyme lactase which is needed to digest lactose

*Can Cause*

Upset stomach, diarrhea

### GRAPES, RAISINS, SULTANS & CURRENTS



Toxic even in small amounts. Can cause renal (kidney) failure in dogs

*Symptoms*

Vomiting, lethargy, diarrhea, abdominal pain, anorexia, and acute renal failure



### RHUBARB



Leaves are Toxic

*Can Cause*

Drooling, vomiting, diarrhea, lethargy, weakness, tremors, bloody urine, and changes in thirst and urination.

### APRICOTS, PEACHES, PLUMS, CHERRY TREE/SHRUB BLACK/CHOKE CHERRY



All parts of these plants other than the ripe pulp around the seeds are considered toxic and contain cyanide.

*Symptoms*

Dilated pupils, difficulty breathing, inadequate oxygen levels, bright red gums, shock, and death can be seen.



### ALCOHOL, UNBAKED YEAST DOUGH, DESSERTS WITH ALCOHOL



Can cause alcohol poisoning. Alcohol can cause dangerous drops in blood sugar, blood pressure, and body temperature. Severely intoxicated animals can potentially experience seizures and respiratory failure.

*Can Cause*

Drooling, vomiting, depression, lethargy, incoordination, retching, weakness, collapse, decreased respiratory rate, seizures

### HOPS PELLETS, HOPS PLUGS (USED IN HOME BREWING)



Used in home brewing of Beer. Toxic to dogs. Signs of hop poisoning include malignant hyperthermia (with temperatures exceeding 105°F/40.6°C). Death has been reported in dogs poisoned by hops within 6 hours of ingestion (without treatment)

*Can Cause*

Hyperthermia, increased breathing, racing heart rate, anxiety, vomiting, abnormal clotting, and even death



### CAFFEINE: COFFEE GROUNDS, TEA BAGS, ENERGY DRINKS, DIET PILLS



Toxicity can vary depending on the amount ingested. In severe cases, seizures, collapse and death are possible.

*Symptoms include*

Panting, hyperactivity, vomiting, elevated heart rate, high blood pressure, abnormal heart rhythms, tremors, and elevated body temperature may be seen.



### HOMEMADE PLAYDOUGH & SALT DOUGH



Commonly used to make holiday ornaments. Usually contains high salt content. Salt toxicity can happen quickly and can result in seizures and death.

*Symptoms include*

Vomiting, diarrhea, lethargy, incoordination, excessive thirst or urination. In severe cases, tremors, seizures, coma, and even death are possible.

